

**GOD OUR HELP IN
TROUBLED TIMES**

PSALM 46

THE DECLARATION

PSALM 46:1

**GOD IS OUR REFUGE AND
STRENGTH,
A VERY PRESENT HELP IN
TROUBLE.**

WHAT GOD IS FOR US

REFUGE

STRENGTH

WHAT GOD IS FOR US

A VERY PRESENT HELP

A RELIABLE HELP

PSALM 46:1

PSALM 46:2-3

**THEREFORE, WE WILL NOT FEAR,
THOUGH THE EARTH SHOULD
CHANGE, AND THOUGH THE
MOUNTAINS SLIP INTO THE
HEART OF THE SEA; THOUGH ITS
WATERS ROAR AND FOAM,
THOUGH THE MOUNTAINS QUAKE
AT ITS SWEEING PRIDE.**

**VERSES 2 & 3 ARE A
DESCRIPTION OF CHAOS**

**SIGNAL THE END OF THE
WORLD, THE UNDOING OF
CREATION, OR A
CATASTROPHIC BATTLE**

LESSON

**OUR RESPONSE TO TRIALS
IS DETERMINED BY WHAT
GOD IS TO US.**

SEE ISAIAH 7:3-9

PSALM 46:4

**THERE IS A RIVER WHOSE
STREAMS MAKE GLAD THE
CITY OF GOD, THE HOLY
DWELLING PLACES OF THE
MOST HIGH.**

SEE GENESIS 2:10

PSALM 46:5

**GOD IS IN THE MIDST OF HER,
SHE WILL NOT BE MOVED;
GOD WILL HELP HER WHEN
MORNING DAWNS.**

PSALM 46:6-7

**THE NATIONS MADE AN UPROAR,
THE KINGDOMS TOTTERED; HE
RAISED HIS VOICE, THE EARTH
MELTED.**

**THE LORD OF HOSTS IS WITH US;
THE GOD OF JACOB IS OUR
STRONGHOLD**

LESSON

**GOD'S INCESSANT
PRESENCE IS OUR
CONFIDENCE IN THE MIDST
OF THE CHAOS OF LIFE.**

THE EXHORTATION

PSALM 46: 8-9

COME, BEHOLD THE WORKS OF THE LORD, WHO HAS WROUGHT DESOLATIONS IN THE EARTH. HE MAKES WARS TO CEASE TO THE END OF THE EARTH; HE BREAKS THE BOW AND CUTS THE SPEAR IN TWO; HE BURNS THE CHARIOTS WITH FIRE.

LIFE TRUTH

**GOD'S PAST
DELIVERANCES SHOULD
TEACH US TO TRUST HIM
IN OUR PRESENT
DISTURBANCES.**

**GOD'S DEMAND-
CEASE AND DESIST!**

**DESIST! REALIZE THAT I AM GOD!
I DOMINATE THE NATIONS;
I DOMINATE THE EARTH (V. 10)**

(The Jewish study Bible)

LIFE TRUTH

**GOD WILL ULTIMATELY
TRIUMPH OVER ALL HIS
ENEMIES.**