



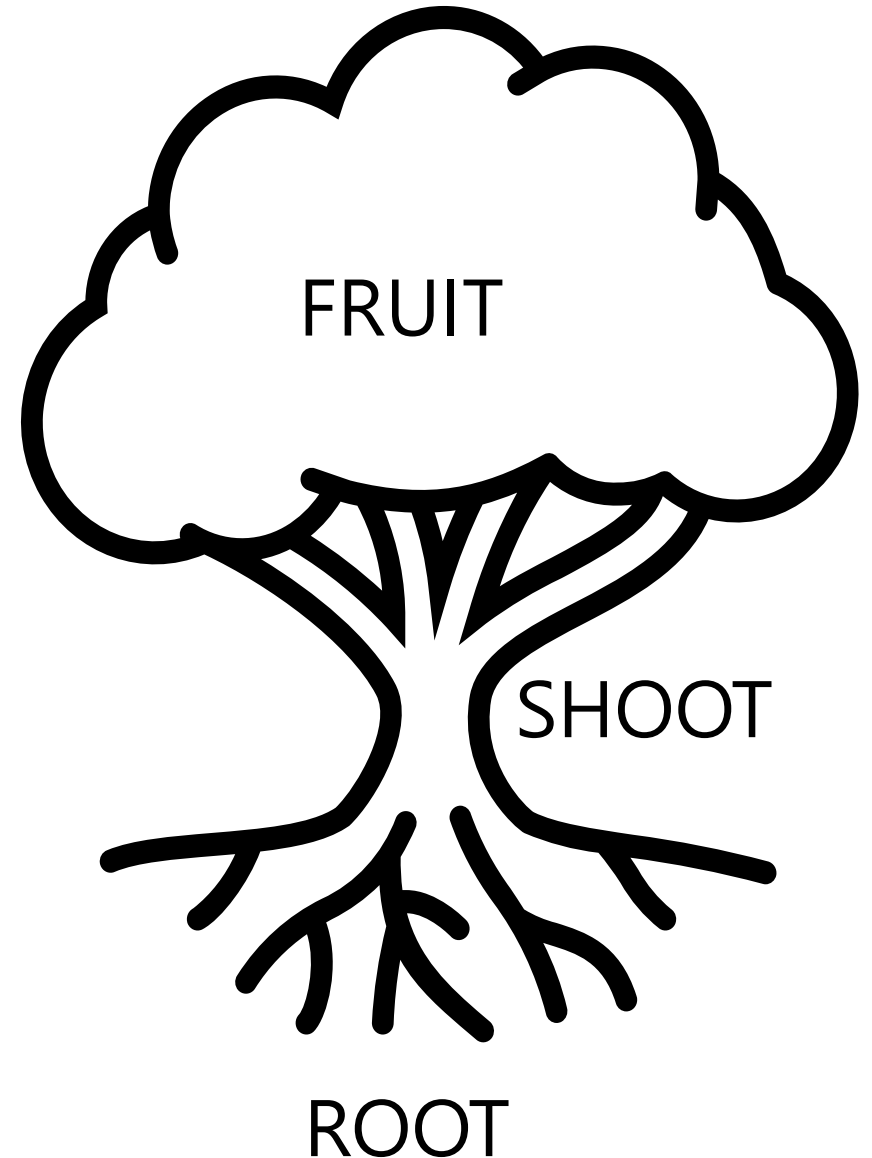
Pearson Chapel

State of Mind

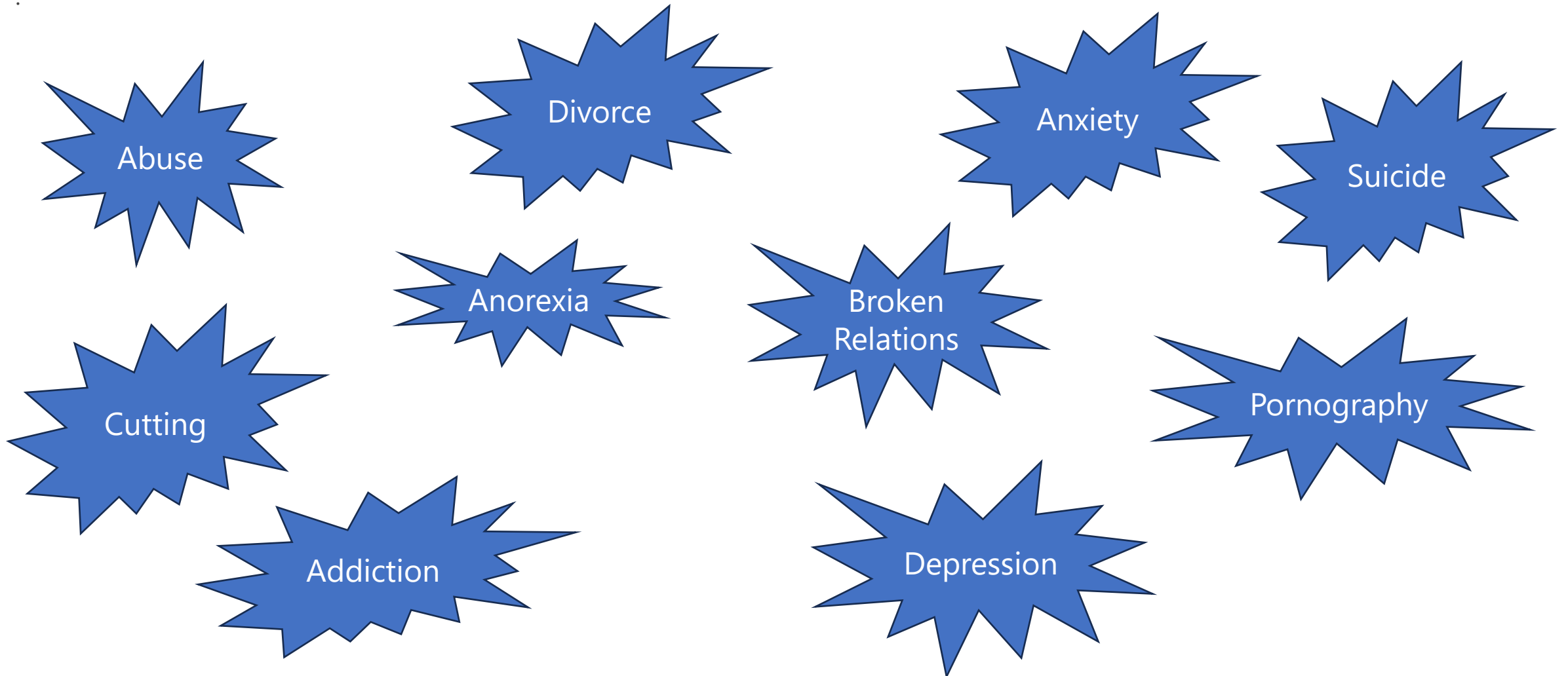
Our Need Of Biblical Counselling

*And do not be conformed to this world,
but be transformed by the renewing of
your mind, so that you may approve
what the will of God is, that which is
good and pleasing and perfect.*

Romans 12:2



Symptoms (FRUIT) – outward manifestations



Matthew 15:18-20

But the things that proceed out of the mouth come from the heart, and those defile the man. For out of the heart come evil thoughts, murders, adulteries, sexual immoralities, thefts, false witness, slanders. These are the things which defile the man;

****Dr. Jesus knows how to diagnose!**

Problems (SHOOT) – states of mind



ANGER

- BAD ANGER (Selfish):
 - Leads to abuse towards others or self
 - Destructive behaviour in one's environment
 - Ultimately hurts relationships/destructivee.g., many wicked rulers + Moses
- GOOD ANGER (Godly):
 - Against injustice and abuse
 - Towards brokenness and suffering
 - Ultimately mends relationships/restorativee.g., Jesus

*"BE ANGRY, AND yet DO NOT SIN; **Ephesians 4:26***

FEAR

- BAD FEAR:

- Other people – man pleasing
- Circumstances in life and world
 - Paralyzes/hinders forward progress

e.g., King Saul

"do not be afraid" x365

- GOOD FEAR:

- Godward – reverential awe
- Conscience bearing witness of consequences
 - Propels/mobilizes action for good

Luke 12:4,5 & Proverbs 9:10

SHAME

- BAD SHAME:
 - From sin done to you
 - From sin in family/ancestry
 - From sin you've already been forgiven and cleansed for
e.g., Adam & Eve, woman at well, Peter after big catch,
**(tried to heap it upon JESUS (poor, Nazarene, from unwed mother)
- GOOD SHAME:
 - Keeps us from foolishness (tarnishing one's reputation)—"you should be ashamed..."
 - Keeps us from dishonour (tarnishing God's reputation) – Christian leaders
 - Leads us to repentance (salvation and sanctification)
 - missing from our modern Western society – (permit>promote>parade)

Luke 15:11-32 & 2 Corinthians 7:9b-11

LOVE

- BAD LOVE

- The love of _____ is the root of all kinds of evil (1 Timothy 6:10)
- Any form of idolatry, including unhealthy self-love
- So-called "love" that corrupts God's creative design and wholesome purposes (LGBTQ)

- GOOD LOVE

- Loving the LORD with all our heart, soul, mind, and strength (Matthew 12:30)
- Loving our neighbours sacrificially (1 John 4:20)
- Loving our enemies selflessly (Matthew 5:43-48)

Causes (ROOT)

- DECEPTION leading to SIN (Satan's Weapon of Choice)
 - The enemy lurks unseen (Ephesians 6:12)
 - He uses lies, misinformation, half-truths (Genesis 3:4)
 - Blinds the minds of unbelievers (2 Corinthians 4:4)
 - Therefore, believers need to take every thought captive (2 Corinthians 10:5)
- TRUTH leading to RIGHTEOUSNESS (God's Written & Living Word)
 - Sharp for Discernment (Hebrews 4:12)
 - Useful for Training & Correction (2 Timothy 3:16)
 - Always points to Jesus (John 8:31-47)

****We don't come to God's Word simply for *information* but *transformation*. As we meditate on it, it acts as a filter (preventive) and a guide (corrective).**